

### Southwest Colorado Food Assistance Resources:

Organization	Address	Days and Hours Open	Services	Phone Number	Eligibility	Language Accessibility
			<b>Montezuma</b>			
<b>Good Sam's Food Pantry</b> (Montezuma Dolores)	<b>30 N. Beech St., Cortez CO 81321 in the "Big Pink Warehouse"</b>	<b>Tuesday, Wednesday, and Friday</b>	Supplemental grocery items and fresh produce in a market-style model every two weeks.	<b>(970) 565-6424</b>	Open to everyone but proof of income required	<b>Spanish and English</b>
<b>Cortez Family Worship Center</b>	<b>500 N Washington St, Cortez, CO 81321</b>	<b>Thursday</b>	Emergency food boxes available every other Thursday. Call Sarah to reserve a box and schedule a date and time for pickup!	<b>(970) 529-6261</b>	Open to everyone	<b>English</b>
<b>Cortez School District Nutrition Services</b>	<b>620 East Montezuma, Cortez</b>	<b>Monday:</b> 10:00am-11:00am	Meal kits need to be picked up Mondays between 10-11 at Kemper Elementary (620 East Montezuma). Each meal kit contains 4 days worth of lunches which vary in ingredients and which may require the use of a microwave to prepare. Sandi and her team will include preparation instructions and have been really thoughtful in picking foods that children themselves can prepare.	<b>(970) 565-5157</b>	Any child aged 1-18 is welcome to participate in the program (i.e. they do not have to attend a school in the Montezuma-Cortez School district). Families need to enroll to participate in the program (so Sandi and her team know how many meal kits to put together). Families can enroll at any point, but have to get their information in by Wednesday in order to begin their meal pick up the following Monday. Families only have to enroll at the beginning of the program	<b>English</b>

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<b>Cortez Senior Center</b>	<b>107 N Chestnut St.</b>	<b>Monday through Saturday</b>	<p>Senior Center Lunch Program: served at noon; reserve by 9am same day; \$4.00 or donation</p> <p>Senior Center Meals on Wheels: home delivery to homebound Seniors; income eligible; purchase or donation</p> <p>Senior Boxes: 60 and over, income eligible; 4th Tuesday of each month 11:30am-3:00pm</p> <p>Commodities Distribution: income eligible; 1st Saturday of each month 9:00am-9:30am</p>	<b>(970) 565-4166</b>	Income eligibility requirements may apply	<b>English</b>
<b>Montezuma County Senior Center</b>	<b>107 N Chestnut St., Cortez, CO</b>	<b>Monday through Saturday</b>	<p>Lunch Program: Hot lunch served at 12:00pm. Reserve yours by 9:00am the day of. Available for \$4.00 or by donation.</p> <p>Meals on Wheels: Home delivery of food items to homebound seniors who are income eligible. By purchase or donation. Call (970) 564-2775.</p> <p>Senior Boxes: Food boxes on the 4th Tuesday of each</p>	<b>(970) 565-4166</b>	Income eligibility may apply	<b>English</b>

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			<p>month between 11:30am and 3:00pm. Available for seniors 60 and over with income eligibility.</p> <p>Commodities Distribution: Commodity food boxes available on the first Saturday of the month 9:00am to 9:30am.</p>			
<p><b>Dolores Family Project</b></p>	<p><b>Dolores Southern Baptist Church 100 N 21st Street</b></p>	<p><b>Thursday</b></p>	<p>Backpack Program- for students enrolled in the RE-4A school district, backpacks of food get dropped at the school weekly on Thursdays. To access students sign up through their school, includes online students!</p> <p>Open Pantry- Thursdays, open to anyone with a Dolores address!</p> <p>Market-style, individuals can select.</p> <p>Monthly Food Box pick-ups. Call to arrange a pick-up.</p> <p>Dolores Community Garden- in the process of building! Community members can come help out and take home freshly harvested food!</p>	<p><b>(970) 844-4567</b></p>	<p>pantry open to anyone with a Dolores address, Backpack Program open to any Dolores School District Students, Community Garden open to any community members</p>	<p><b>Spanish and English</b></p>

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<b>Dolores Senior Center</b>	<b>400 Riverside, Dolores, CO 81323</b>	<b>Monday, Wednesday, and Friday</b>	<p>Senior Center Lunch Program: Hot lunch served at 12:00pm. Reserve yours by 9:00am the day of. Available for \$4.00 or by donation.</p> <p>Senior Center Meals on Wheels: Home delivery of food items to homebound seniors who are income eligible. By purchase or donation.</p> <p>Senior Boxes: Food boxes available for seniors 60 and over with income eligibility.</p> <p>Commodities Distribution: Commodity food boxes available with income eligibility applies.</p>	<b>(970) 882-7337</b>	Open to everyone	<b>English</b>
<b>Evangel Assembly of God</b>	<b>209 W. 5th, Cortez, CO</b>	<b>Monday, Tuesday, Wednesday, Thursday, and Sunday</b>	Emergency food pantry items, Monday and Tuesdays. One box per household per month.	<b>(970) 565-4198</b>	Call Kathy to schedule a box pick-up. No eligibility requirements, just a quick form with a few questions.	<b>English</b>
<b>Grace's Community</b>	<b>110 West North Street, Cortez</b>	<b>Tuesday, Thursday, and</b>	<p>Free to-go hot lunch Tuesday and Thursdays</p> <p>Free to-go sack lunch</p>	<b>(970) 565-7865</b>	Open to everyone	<b>Spanish, English, and sometimes Navajo</b>

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<b>Kitchen</b>		<b>Saturday</b>	Saturdays			
<b>Hope's Kitchen- First United Methodist Church</b>	<b>515 N Park, Cortez, CO</b>	<b>Monday, Wednesday, and Friday</b>	Take-out meals Mondays, Wednesdays, and Fridays	<b>(970) 565-3002</b>	Open to everyone	<b>English</b>
<b>Mancos Food Share</b>	<b>680 Grand Avenue, Mancos, CO</b>	<b>Monday</b>	1st Monday of the month: Food Pantry and Pet Pantry 2nd Monday: Food Pantry 3rd Monday: Food Pantry and Bulk Buy 4th Monday: Commodities 5th Monday: closed Check out their Facebook and Instagram @ mancosfoodshare for updates.	<b>Email or message on Facebook</b>	no requirements, no identification checked, except for commodities program	<b>Spanish and English</b>
<b>Mancos School District</b>	<b>355 Grand Ave Mancos, CO 81328-9071</b>	<b>Monday through Friday: 7:30am-4:00 pm</b>	Free school meals through June 30th. Free Summer Meals for Kids!	<b>(970) 533-7745</b>	Students within the district	<b>English</b>

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<b>Mancos Senior Center</b>	141 E Montezuma, Mancos, CO 81328	Monday, Wednesday, and Friday	<p>Senior Center Lunch Program: Hot lunch served at 12:00pm. Reserve yours by 9:00am the day of. Available for \$4.00 or by donation.</p> <p>Senior Center Meals on Wheels: Home delivery of food items to homebound seniors who are income eligible. By purchase or donation.</p> <p>Senior Boxes: Food boxes available for seniors 60 and over with income eligibility.</p> <p>Commodities Distribution: Commodity food boxes available with income eligibility applies.</p>	(970) 533-7721	Income eligibility may apply	English
<b>Montezuma School District</b>	2 sites - they will help you find the best option for you	Monday through Friday: 7:30am-4:00 pm	<p>Free school meals starting June 3rd.</p> <p>Families can find free Summer meals <a href="#">here</a>.</p> <p>How to Access: Parents need to sign up to receive lunches for the following week. Sign up available on <a href="#">website</a> and <a href="#">facebook</a>.</p> <p>Must be completed by Wed</p>	(970) 565-5157	Open to all who complete the application	English

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			prior to week when you are requesting meals. See website or call for more info.			